

SILENT SPIRITUAL PRACTICE

This group is both for people who currently have a silent spiritual practice such as meditation or Remembrance and those who would like to start. We will sit from 7 to 8.

If you don't yet have a practice, or if you feel like you need a refresher, or if you'd just like to learn Remembrance, please come to a teaching at 6:30; there will be no teaching during the practice. Remembrance is a very holy and deep form of prayer which connects you with the Divine within. Its roots are in the Old Testament "Remember my name in the night."

Details

When: *Learn the holy spiritual practice of Remembrance:*

Wednesdays, 6:25 p.m.

Silent Spiritual Practice:

Wednesdays, 6:55-8:00 p.m.

To create a safe and holy space, please plan to start promptly and stay until 8.

Tuition: Free. Donations welcome.

Registration:

Call or register on Meetup. Register early—space is limited.

Where: 33 Mill Hill Rd. (Between Mirabai and Catskill Art & Office Supply, above the Woodstock Framing Gallery. Parking in the rear.)

Contact: 845.679.8989
myflr@flowingspirit.com
<http://flowingspirit.com>
<http://Meetup.flowingspirit.com>
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Flowing Spirit Healing
Inhabit your divinity

Joel Walzer is a Pathwork attorney, Bronner Certified Success Coach, and University of Spiritual Healing and Sufism trained spiritual healer and teacher. For many years prior to discovering Pathwork he was a devout agnostic. For more information scan the code at left or visit the website above.

Joel says: "I have been so blessed by what I have received on my path; I want everyone to have the opportunity to experience the growth and healing that I have."